SEMINOLE COUNTY
FLORIDA'S NATURAL CHOICE

Leisure Services Department **Parks and Recreation**

Junior Development
Group Tennis Lessons

SEPTEMBER

Tuesday	Sept. 6 - Sept. 27	Price
8 & Under	4 - 5 p.m.	$36
10 & Under	5 - 6 p.m.	$36
11 & Over	6 - 7 p.m.	$36
Wednesday	**Sept. 7 - Sept. 28**	
8 & Under	4 - 5 p.m.	$36
10 & Under	5 - 6 p.m.	$36
11 & Over	6 - 7 p.m.	$36
Thursday	**Sept. 8 - Sept. 29**	
8 & Under	4 - 5 p.m.	$36
Friday	**Sept. 9 - Sept. 30**	
5 & Under	4:15 - 5 p.m.	$36

OCTOBER

Tuesday	Oct. 4 -Nov. 1	Price
8 & Under	4 - 5 p.m.	$45
10 & Under	5 - 6 p.m.	$45
11 & Over	6 - 7 p.m.	$45
Wednesday	**Oct. 5 - Nov. 2**	
8 & Under	4 - 5 p.m.	$45
10 & Under	5 - 6 p.m.	$45
11 & Over	6 - 7 p.m.	$45
Thursday	**Oct. 6 -Nov. 3**	
8 & Under	4 - 5 p.m.	$45
Friday	**Oct. 7- Nov. 4**	
5 & Under	4:15 - 5 p.m.	$45

Saturday NO CLASS: 10/15	Sept. 10 - Nov. 5	Price
5 & Under	8:15 - 9 a.m.	$72
8 & Under	9 - 10 a.m.	$72
10 & Under	10 - 11 a.m.	$72

REGISTRATIONS ARE TO BE DONE IN PERSON ONLY
ACCEPTABLE PAYMENT OPTIONS: CASH OR CHECK PAYABLE TO "SEMINOLE COUNTY"
CREDITS ARE ISSUED FOR RAIN-OUTS AND MEDICALLY EXCUSED ABSENCES ONLY

Sylvan Lake Park (407) 665-2180

845 Lake Markham Road, Sanford, FL 32771 • RAIN OUT LINE: (407) 665-PARK (7275) • Open M - F from 8 a.m. to 10 p.m., Sat and Sun from 8 a.m. to 8 p.m.

www.seminolecountyfl.gov/parks

IT STARTS IN PARKS
Coaching. Connecting. Community.

Commission for Accreditation of Park and Recreation Agencies CAPRA ACCREDITED

USTA find yourself in the game FLORIDA

quickstart tennis program

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Junior Development Tennis Overview

The Junior Development program is a series of lessons where FUN is a priority as participants "play to learn," developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, throwing and catching the ball, swing motions, making contact, grips and stroke development. As players continue to improve additional skill sets will focus on coordinating movement and balance, and hitting the ball with purpose and direction. Game concepts and scoring will be introduced.

The USTA 10 & Under QuickStart teaching format will be incorporated with the younger age groups using smaller courts, low pressure and slow bounce balls, lighter racquets, and lower nets.

Age Groups

- 5 and Under, 8 and Under: 36' x 18' court, 19", 21", or 23" rackets, foam and/or red balls
- 10 and Under: 60' court, 23" to 25" rackets, orange balls
- 11 and over (middle school and high school-up to 17 years old): Regulation size court, 25" to 29" racquets, green and/or regulation tennis balls
- Participants have the option to bring their own tennis racquet or borrow one for class time

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