







2024 Employee Benefits Guide

TABLE OF CONTENTS

IMPORTANT PLAN INFORMATION

3 PLAN CONTACTS

GETTING STARTED

- 5 WHO'S ELIGIBLE FOR BENEFITS?
- 6 LIFE EVENTS AND CHANGING YOUR BENEFITS

HEALTHCARE

- 7 MEDICAL PLANS
- 8 MEDICAL PLAN PREMIUMS
- 9 MEDICAL PLANS WELLNESS RATES
- 10 CIGNA TOOLS
- 13 PHARMACY
- 15 HEALTH SAVINGS ACCOUNT
- 16 HEALTHHCARE FLEXIBLE SPENDING ACCOUNT
- 17 DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT

ENGAGE IN YOUR HEALTH

19 WELLNESS PROGRAM OVERVIEW and TOBACCO FREE REQUIREMENT

DENTAL, VISION, LIFE & DISABILITY

- 22 DENTAL INSURANCE
- 24 VISION INSURANCE
- 26 BASIC LIFE & AD&D
- 28 LONG-TERM DISABILITY

VOLUNTARY BENEFITS

- 30 VOLUNTARY LIFE AND AD&D INSURANCE
- 31 VOLUNTARY SHORT-TERM DISABILITY
- 32 VOLUNTARY CRITICAL ILLNESS AND CANCER POLICIES

WELLBEING & BALANCE

35 EMPLOYEE ASSISTANCE PROGRAM

ADDITIONAL INFORMATION

- 36 ONLINE ENROLLMENT: PLANSOURCE
- 39 PLAN NOTICES AND DISCLOSURES

This guide is an overview and does not provide a complete description of all benefit provisions. For more detailed information, please refer to your plan benefit booklets or summary plan descriptions (SPDs). The plan benefit booklets determine how all benefits are paid.





Human Resources Department - Benefits Team

Contacts: 407-665-7952 407-665-5272 407-665-7943

Fax: 407-665-7939



Medical and Pharmacy

Cigna One Guide – Customer Service for questions related to benefits, claims and network providers 800-244-6224 Cigna Member Portal <u>www.mycigna.com</u>

Cigna Pre-Enrollment Assistance – Customer Service for questions about medical and pharmacy benefits before enrollment 888-806-5042



Health Savings Account (HSA) Customer Service: 800-244-6224

www.mycigna.com



Dental Lincoln Financial Group Customer Service: 800-423-2765 www.lfg.com



Vision Eyemed Vision – "Insight" Network Customer Service: 866-939-3633 www.eyemed.com



Life, Short-Term and Long-Term Disability Reliance Matrix Life Insurance Co. Customer Service: 800-351-7500 www.reliancematrix.com customerservice@rsli.com

CONTACTS



Flexible Spending Account (FSA) Chard Snyder Customer Service: 800-982-7715 Claims Fax: 888-245-8452 www.chard-snyder.com



Employee Assistance Plan (EAP) Cigna Employer ID to access services: seminolecountyfl Customer Service: 877-622-4327 www.mycigna.com



Allstate Benefits Customer Service: 800-521-3535 <u>AB-CustomerCare@allstate.com</u>

Customer Service: 888-772-9682

www.aetna.com/voluntary/employees

Cancer

Aetna

Critical Illness

D: 321-378-2369





Benefit Questions, Issues/Claims, Open Enrollment
Leah Wrobleski, Account Executive
E: Leah.Wrobleski@alliant.com
D: 407-340-3700
Debbie Haas, Account Manager
E: Debbie.Haas@alliant.com



Nationwide Nationwide 457B Patty Nichols D: 352-702-5529 Customer Service 877-677-3678 E: <u>nichop1@nationwide.com</u>



FRS

Florida Retirement System Pension Plan Customer Service 866-446-9377

WHO'S ELIGIBLE FOR BENEFITS?

Employees

Seminole County Government offers a health and welfare program to all employees classified as Full Time. Your health and the health of your family are important – this is the reason we offer comprehensive health care coverage with ancillary benefit options to employees and their families. Our benefits package is designed to focus on your total well-being. Please read through all of your materials carefully. The health care coverage you elect begins with your initial eligibility date and continues through the end of the benefit plan year. The benefit plan year begins January 1 and ends December 31.

Eligible dependents

- Legally married/Spouse
- Natural, adopted or stepchildren up to age 26 (coverage ends at the end of the calendar year)
- Children over age 26 who are disabled and depend on you for support
- Children named in a Qualified Medical Child Support Order (QMCSO).

Extended Dependent Eligibility

- Medical Plan only In the state of Florida, dependent child coverage is available up to age 30 if the dependent meets all of the following criteria:
 - Unmarried;
 - No dependents of their own;
 - A Florida resident (or student); and
 - Not otherwise insured with medical coverage
- You will be required to provide Human Resources with proof of dependent eligibility in the form of:
 - Marriage Certificate (copy)
 - Birth Certificate (copy)
 - Most recent Federal Income Tax Return, and/or
 - Court Order specifying your responsibility to provide group health care coverage to your dependent child(ren)
- For additional coverage information, please refer to the benefit booklets for each benefit.

When you can enroll

You can enroll in benefits as a new hire or during the annual open enrollment period. New hire coverage begins on the first day of the month following 30 calendar days of service if you enroll within your initial new hire eligibility period.

If you miss the enrollment deadline, you'll need to wait until the next open enrollment (the one time each year that you can make changes to your benefits for any reason).

LIFE EVENTS & CHANGING YOUR BENEFITS

Outside of open enrollment, you may be able to enroll or make changes to your benefit elections if you have a big change in your life, including:

- Change in legal marital status
- Change in number of dependents or dependent eligibility status
- Change in employment status that affects eligibility for you, your spouse, or dependent child(ren)
- · Change in residence that affects access to network providers
- Change in your health coverage or your spouse's coverage due to your spouse's employment
- Change in an individual's eligibility for Medicare or Medicaid
- Court order requiring coverage for your child
- Event allowed under the Children's Health Insurance Program (CHIP) Reauthorization Act (you have 60 days to request enrollment due to events allowed under CHIP).

You must submit your change to the HR Benefits Team within 30 days after the event.

Human Resources Department - Benefits Team

407-665-7952 407-665-5272 407-665-7943

LIFE HAPPENS

A change in your life may allow you to update your benefit choices. Watch the video for a quick take on your options.

HEALTH PLAN OPTIONS: CIGNA

You always pay the deductible and copayment (\$). The coinsurance (%) shows what the employee pays after the deductible.

IN-NETWORK BENEFITS		AP 3uy-up	OAP Mid Plan		OAP Low Plan		HSA Plan	
Network Name	Open Ac	cess Plus	Open Access Plus		Open Access Plus		Open Access Plus	
Deductible Individual/Family		/ \$500 edded)	\$500 / \$1,500 (Embedded)		\$1,000 / \$3,000 (Embedded)		\$1,600 / \$3,200 (Non-Embedded)	
Coinsurance	10)%	20)%	20	1%	10)%
Maximum Out-of-Pocket (includes copays, coinsurance, Rx)	\$1,500 ,	/ \$3,000	\$3,000 ,	/\$6,000	\$3,500 / \$7,000		\$3,000 / \$6,000	
Office VisitsPrimary CareSpecialistPreventive Care	\$25 c	copay copay opay	\$60 c	сорау сорау орау	ay \$45 copay		Deductible, then 10% Deductible, then 10% Covered 100%	
Inpatient Hospital	Deductible	e, then 10%	Deductible	e, then 20%	Deductible	, then 20%	Deductible	, then 10%
Outpatient Hospital Surgery 	Deductible	e, then 10%	Deductible	e, then 20%	Deductible, then 20%		Deductible, then 10%	
Emergency Room	\$200	сорау	\$300 copay		\$200 copay		Deductible, then 10%	
Urgent Care	\$35 c	сорау	\$35 copay		\$50 copay		Deductible, then 10%	
Lab (Labcorp/Quest)	\$0 c	орау	\$0 copay		\$0 copay		Deductible	, then 10%
X-Ray (Independent Facility)	\$0 c	орау	\$0 copay		\$0 c	орау	Deductible	, then 10%
Complex Imaging	Deductible	e, then 10%	Deductible	e, then 20%	\$200 copay		Deductible	, then 10%
OUT-OF-NETWORK								
Deductible Individual/Family	\$500 /	\$1,500	\$1,500,	/ \$4,500	\$3,000 / \$6,000		\$3,000,	/ \$6,000
Coinsurance	50)%	50)%	50%		40%	
Maximum Out-of-Pocket	\$3,000,	/ \$6,000	\$6,000 /	\$12,000	\$7,000 / \$14,000		\$6,000 /	\$12,000
PHARMACY BENEFITS	Retail Up to 30 Days	Mail Order Up to 90 Days	Retail Up to 30 Days	Mail Order Up to 90 Days	Retail Up to 30 Days	Mail Order Up to 90 Days	Retail Up to 30 Days	Mail Order Up to 90 Days
								ductible must or to copays
Generic	\$10	\$25	\$10	\$25	\$10	\$25	\$10	\$25
Preferred Brand	\$30	\$75	\$30	\$75	\$30	\$75	\$30	\$75
Non-Preferred Brand	\$50	\$125	\$50	\$125	\$50	\$125	\$50	\$125
Specialty	\$100	\$250	\$100	\$250	\$100	\$250	\$100	\$250

Please be aware the HSA plan has the lowest bi-monthly premium deduction. However, it is important to understand deductibles must be met for all services except preventive care. If you elect the HSA plan, the County will contribute \$500 to your Health Savings Account for any coverage level (Employee only or Employee with Dependents). REMEMBER – IF YOU ENROLL IN THE HSA PLAN WITH DEPENDENTS, YOU MUST MEET THE FAMILY DEDUCTIBLE AND OUT-OF-POCKET MAXIMUM.

HEALTH PLAN PREMIUMS – REGULAR RATES

2024 Health Insurance Premiums Regular Rates

Buy-Up Plan	Bi-Monthly	Monthly
Employee	\$99.00	\$198.00
Employee + Spouse	\$363.00	\$726.00
Employee + Child(ren)	\$215.00	\$430.00
Employee + Family	\$466.00	\$932.00
Mid Plan	Bi-Monthly	Monthly
Employee	\$46.00	\$92.00
Employee + Spouse	\$301.00	\$602.00
Employee + Child(ren)	\$161.00	\$322.00
Employee + Family	\$385.00	\$770.00
Low Plan	Bi-Monthly	Monthly
Low Plan Employee	Bi-Monthly \$46.00	Monthly \$92.00
Employee	\$46.00	\$92.00
Employee Employee + Spouse	\$46.00 \$279.00	\$92.00 \$558.00
Employee Employee + Spouse Employee + Child(ren)	\$46.00 \$279.00 \$142.00	\$92.00 \$558.00 \$284.00
Employee Employee + Spouse Employee + Child(ren) Employee + Family	\$46.00 \$279.00 \$142.00 \$354.00	\$92.00 \$558.00 \$284.00 \$708.00
Employee Employee + Spouse Employee + Child(ren) Employee + Family HSA Plan	\$46.00 \$279.00 \$142.00 \$354.00 Bi-Monthly	\$92.00 \$558.00 \$284.00 \$708.00 Monthly
Employee Employee + Spouse Employee + Child(ren) Employee + Family HSA Plan Employee	\$46.00 \$279.00 \$142.00 \$354.00 Bi-Monthly \$46.00	\$92.00 \$558.00 \$284.00 \$708.00 Monthly \$92.00

Note: Bi-Monthly reflects 24 premium payments per year

HEALTH PLAN PREMIUMS – WELLNESS PREFERRED RATES

2024 Health Insurance Premiums Wellness Preferred Rates

OAP High/Buy-Up Plan	Bi-Monthly	Monthly
Employee Only	\$53.00	\$106.00
Employee + Spouse (Employee AND Spouse meet the criteria)	\$271.00	\$542.00
Employee + Spouse (Employee OR Spouse meet the criteria)	\$317.00	\$634.00
Employee + Children	\$169.00	\$338.00
Employee + Family (Employee AND Spouse meet the criteria)	\$374.00	\$748.00
Employee + Family (Employee OR Spouse meet the criteria)	\$420.00	\$840.00

OAP Mid Plan	Bi-Monthly	Monthly
Employee Only	\$0.00	\$0.00
Employee + Spouse (Employee AND Spouse meet the criteria)	\$209.00	\$418.00
Employee + Spouse (Employee OR Spouse meet the criteria)	\$255.00	\$510.00
Employee + Children	\$115.00	\$230.00
Employee + Family (Employee AND Spouse meet the criteria)	\$293.00	\$586.00
Employee + Family (Employee OR Spouse meet the criteria)	\$339.00	\$678.00

OAP Low Plan	Bi-Monthly	Monthly
Employee Only	\$0.00	\$0.00
Employee + Spouse (Employee AND Spouse meet the criteria)	\$187.00	\$374.00
Employee + Spouse (Employee OR Spouse meet the criteria)	\$233.00	\$466.00
Employee + Children	\$96.00	\$192.00
Employee + Family (Employee AND Spouse meet the criteria)	\$262.00	\$524.00
Employee + Family (Employee OR Spouse meet the criteria)	\$308.00	\$616.00

HSA Plan	Bi-Monthly	Monthly
Employee Only	\$0.00	\$0.00
Employee + Spouse (Employee AND Spouse meet the criteria)	\$148.00	\$296.00
Employee + Spouse (Employee OR Spouse meet the criteria)	\$194.00	\$388.00
Employee + Children	\$64.00	\$128.00
Employee + Family (Employee AND Spouse meet the criteria)	\$208.00	\$416.00
Employee + Family (Employee OR Spouse meet the criteria)	\$254.00	\$508.00

Note: Bi-Monthly reflects 24 premium payments per year

CHOOSE A PLAN WITH CONFIDENCE

Cigna One Guide service can help.

We understand how confusing and overwhelming it can be to review your health plan options. And we want to help by providing the resources you need to make a decision with confidence. That's why Cigna One Guide® service is available to you now.

Call a Cigna One Guide representative during preenrollment to get personalized, useful guidance.

Your personal guide will help you:

1 about

- > Easily understand the basics of health coverage
- Identify the types of health plans available to you
- > Check if your doctors are in-network to help you avoid unnecessary costs
- > Get answers to any other questions you may have about the plans or provider networks available to you

The best part is, during the enrollment period, your personal guide is just a call away.

Don't wait until the last minute to enroll.

Call 888.806.5042 to speak with a Cigna One Guide representative today.

After enrollment, the support continues for Cigna customers.

Cigna One Guide service will be there to guide you through the complexities of the health care system, and help you avoid costly missteps. Our goal is a simpler health care journey for you and your family.

Cigna One Guide service provides personalized assistance to help you:

- > Resolve health care issues
- > Save time and money
- > Get the most out of your plan
- > Find hospitals and health care providers in your plan's network
- > Get cost estimates and avoid surprise expenses
- > Understand your bills

Access Cigna One Guide – after enrollment -in the way that's most convenient for you:

myCigna.com or the Live chat myCigna® app

Phone





Offered by Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, see your plan documents.

All Gana products and services are provided exclusively by or through operating subsidiaries of Gana Corporation, including Gana Health and Life Insurance Company (CHLIC), Gana Behavioral Health, Inc., Gana Health Management, Inc., and HMO or service company subsidiaries of Gana Health Corporation, including Gana HealthCare of Arizona, Inc., Gana HealthCare of California, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Connecticut, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc. (CHC-TN), and Cigna HealthCare of Texas, Inc. Policy forms: CK - HP-APP-1 et al., CR - HPPOL-38 02-13, TN - HPPOL-48 U/1 et al. (CHLC), GSA-COVER et al. (CHC-TN). The Gqnaname, logo, and other Gqnamarks are owned by GqnaIntellectual Property, Inc. All pictures are used for illustrative purposes only. 914,500d 06/20 © 2020 Gigna. Some content provided underlicense.

CIGNA EASY CHOICE TOOL

CHOOSING A HEALTH PLAN JUST GOT EASIER

The Cigna Easy Choice tool helps you find the plan that's right for you.

The Cigna Easy Choice tool gives you personalized guidance to help you find your best fit medical plan.

You can use it from just about anywhere. All you have to do is answer a few quick questions about your needs and preferences. Then, you'll see available plans, ranked by what matters most to you. Compare your options side-by-side. Then print, save or email a handy checklist to use when you enroll.



You'll need this access code to get started.

Full Time Employees Non-Wellness: RZCG4AE9 Full Time Employees Wellness Rates: 3ETJ2NZA

Want more information?



Watch the video to see how the tool works.



Use our plan decision worksheet.



Access the user guide.



Together, all the way.®

PRESCRIPTION DRUGS - CIGNA

THE MYCIGNA APP AND MYCIGNA.COM

ſ	
Ę	

Your pharmacy coverage information at your fingertips - 24/7

We want to help you get the most from your pharmacy benefits and that means getting the information you need when you need it. The best place to start is the myCigna® App or myCigna.com – your "go-to" for everything you need to know about your plan's coverage.



See which medications your plan covers. You have hundreds of generic, preferred brand, and non-preferred brand medications to choose from.

$\mathbf{\Lambda}$
(2
(\leq)

Compare your medication costs. Prescription prices vary by pharmacy. Use the Price a Medication tool to see how much your medication may cost at the different retail pharmacies in your plan's network and through Express Scripts Pharmacy[®], our home delivery pharmacy. You can also see if there are lower-cost alternatives available.*

Easily manage all of your prescriptions on the My Medications page.

Click on the Prescriptions tab in the myCigna menu to access My Medications.

- View your prescriptions filled within the last 18 months.
- Use the myCigna App to review your medications with your doctor during an office visit.
- Move your prescription from a retail pharmacy to home delivery with the click of a button.
- For retail pharmacy fills: View where and when you last filled your medications.
- For home delivery fills: Get real-time order status and tracking, sign up for automatic refills, pay bills online, sign up for a payment plan, and more.
- > For specialty medications: Easily connect to your online Accredo account to manage orders.**



Find an in-network retail pharmacy. If you're on the go, use the myCigna App to see a list of pharmacies near you.

Δ		h
	~	
 -		۲J

View your plan information. See your pharmacy claim history, coverage details, and account balances.



Learn more about myCigna. Watch our "Get the Most From Your Pharmacy Benefits" video to learn more about using myCigna, as well as the programs and services available through your pharmacy benefit.

Together, all the way."



- * Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
- ** Not all plans offer home delivery and Accredo as covered pharmacy options. Please log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacles in your plan's network.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Accredo Health Group, Inc., ESI Mail Pharmacy Service, Inc. and Express Scripts Pharmacy, Inc.

840840 f 02/21 © 2021 Cigna. Some content provided under license.

PRESCRIPTIONS BREAKING YOUR BUDGET?

Scan to learn more about prescription drugs



THE FORMULARY DRUG TIERS DETERMINE YOUR COST

\$	Generic Drug
\$\$	Brand Name Drug
\$\$\$	Non-Preferred Brand
\$\$\$\$	Specialty Drug



Understanding the formulary can save you money

If your doctor prescribes medicine, especially for an ongoing condition, don't forget to check your health plan's drug formulary. It's a powerful tool that can help you make informed decisions about your medication options and identify the lowest cost selection.

What is a formulary?

A drug formulary is a list of prescription drugs covered by your medical plan. Most prescription drug formularies separate the medications they cover into four or five drug categories, or "tiers." These groupings range from least expensive to most expensive cost to you. "Preferred" drugs generally cost you less than "non-preferred" drugs.

Get the most from your coverage

To get the most out of your prescription drug coverage, note where your prescriptions fall within your plan's drug formulary tiers and ask your doctor for advice. Generic drugs are usually the lowest cost option. Generics are required by the Food and Drug Administration (FDA) to perform the same as brand-name drug equivalents.

To find out if a drug is on your plan's formulary, visit the plan's website or call the customer service number on your ID card.

Pharmacy

Customer Service for questions related to benefits, claims and network providers: 800-244-6224 Cigna Member Portal www.mycigna.com Customer Service for questions about pharmacy benefits before enrollment: 888-806-5042

PHARMACY BENEFITS	Retail Up to 30 Days	Mail Order Up to 90 Days						
								ductible must or to copays
Generic	\$10	\$25	\$10	\$25	\$10	\$25	\$10	\$25
Preferred Brand	\$30	\$75	\$30	\$75	\$30	\$75	\$30	\$75
Non-Preferred Brand	\$50	\$125	\$50	\$125	\$50	\$125	\$50	\$125
Specialty	\$100	\$250	\$100	\$250	\$100	\$250	\$100	\$250

CIGNA VIRTUAL CARE

HEALTH CARE THAT'S THERE FOR YOU WHEN AND WHERE YOU NEED IT

Head-to-toe virtual care' from MDLIVE.®



It's not always easy to find time for the health care you need. After all, doctors' appointments traditionally involve time and travel. That can lead to putting off care until problems become more serious, and potentially more expensive.

That's why Cigna has partnered with MDLIVE to offer a comprehensive suite of convenient virtual care options — available by phone or video whenever it works for you. MDLIVE board-certified doctors, dermatologists, psychiatrists and licensed therapists have an average of over 10 years of experience, and provide personalized care for hundreds of medical and behavioral health needs.

Now you don't have to wait — or travel — for the care you need.

Connect with video or phone, whenever it's convenient for you. Best of all, virtual care from MDLIVE board-certified doctors is available to you and your eligible dependents as part of your health benefits.

MDLIVE

Primary Care

Preventive care, routine care, and specialist referrals

- Preventive care checkups/wellness screenings available at no additional cost² to identify conditions early
- Routine care visits allow you to build a relationship with the same primary care provider (PCP) to help manage conditions
- Prescriptions available through home delivery or at local pharmacies, if appropriate
- Receive orders for biometrics, blood work and screenings at local facilities³

Urgent Care

On-demand care for minor medical conditions

- On-demand 24/7/365, including holidays
- Care for hundreds of minor medical conditions
- A convenient and affordable alternative to urgent care centers and the emergency room
- Prescriptions available, if appropriate

Behavioral Care

Talk therapy and psychiatry from the privacy of home

- Access to psychiatrists and therapists
- Schedule an appointment that works for you
- Option to select the same provider for every session
- Care for issues such as anxiety, stress, life changes, grief and depression

Dermatology⁴

Fast, customized care for skin, hair and nail conditions — no appointment required

- Board-certified dermatologists review pictures and symptoms; prescriptions available, if appropriate
- Care for common skin, hair and nail conditions including acne, eczema, psoriasis, rosacea, suspicious spots and more
- Diagnosis and customized treatment plan, usually within 24 hours



96133311/21

Offered by: Cigna Health and Life Insurance Company or its affiliates.

HEALTH SAVINGS ACCOUNT (HSA)

Scan to learn more about High Deductible Health Plans



Scan to learn more about HSA's



ARE YOU ELIGIBLE?

The HSA is not for everyone. You're eligible only if you are:

- 1. Enrolled in the High Deductible Health Plan (HSA) Medical Plan
- Not enrolled in other non-HDHP medical coverage, including Medicare, Medicaid, or Tricare.
- 3. Not a tax dependent.
- Not enrolled in a healthcare Flexible Spending Account (FSA), unless it's a "limited purpose" FSA for dental and vision expenses.

A personal savings account for healthcare

A Health Savings Account (HSA) is an easy way to pay for healthcare expenses that you have today, and save for expenses you may have in the future.

How the High Deductible Health Plan with HSA works:

- Your HSA account is set up automatically after you enroll.
- To help you get started, Seminole County makes an annual contribution to your HSA of \$500.
- You can contribute up to the limit set by the IRS (includes company amount).

Individual: \$4,150 per year Family: \$8,300 per year Are you age 55? You can contribute an additional \$1,000 per year

• You can use your HSA debit card to pay for eligible expenses like office visits, lab tests, prescriptions, dental and vision care, and even some drugstore items.

Four reasons to love an HSA

- 1. Tax-free. No federal tax on contributions, or state tax in most states. Withdrawals are also tax-free as long as they're for eligible healthcare expenses.
- 2. No "use it or lose it." Your balance rolls over from year to year. You own the account and can continue to use it even if you change medical plans or leave the company.
- **3.** Use it now or later. Use your HSA for healthcare expenses you have today or save it to use in the future.
- **4. Boosts retirement savings.** After you retire, you can use your HSA for healthcare expenses tax-free, or for regular living expenses, taxable but no penalties.

Find out more

- <u>www.mycigna.com</u>
- Eligible Expenses
- Ineligible Expenses

HEALTHCARE FLEXIBLE SPENDING ACCOUNT (FSA)

Scan to learn more about FSA's



ARE YOU ELIGIBLE?

You do not have to enroll in one of our medical plans to participate in the healthcare FSA. However, if you or your spouse are enrolled in a high deductible health plan (like our HDHP Plan, you can only participate in the **Dependent Care FSA for dependent care expenses.**

Find out more

- www.chard-snyder.com
- <u>Eligible Expenses</u> now include more over-the-counter items!
- Ineligible Expenses



Set aside healthcare dollars for the coming year

A healthcare FSA allows you to set aside tax-free money to pay for healthcare expenses you expect to have over the coming year.

How the Healthcare FSA works

- You estimate what you and your family's out-of-pocket costs will be for the coming year. Think about what out-ofpocket costs you expect to have for eligible expenses such as office visits, surgery, dental and vision expenses, prescriptions, even eligible drugstore items.
- You can contribute up to \$3,050* the annual limit set by the IRS. Contributions are deducted from your pay pretax, meaning no federal or state tax on that amount.
- You will receive a Chard Snyder Benefits Card that works like a debit card, but utilizes smart technology so it can be used to pay for expenses that are eligible according to IRS guidelines under the plan.
- The Chard Snyder Benefit Card eliminates the need to pay out-of-pocket, submit a claim, or wait for reimbursement.
- Save your receipts for purchases on the Chard Snyder Benefit Card.
- You may use your cards until the expiration date shown on the front. You will receive new cards just before your current card expires.

2023 amount*

Estimate carefully!

If you don't spend all the money in your account, you forfeit the leftover balance at the end of the year.

Chard Snyder's website has a tax calculator that can be a helpful tool for you when calculating your elections and tax savings: <u>https://www.chard-snyder.com/support-</u> center/tools-and-apps/tax-savings-

calculator

Your tax savings may vary depending on tax filing status and other variables

PAYING FOR DAYCARE? MAKE IT TAX-FREE!

Scan to learn more about FSA's





EVERY OPPORTUNITY TO SAVE

The biggest deduction from your paycheck is likely federal income tax. Why not take a bite out of taxes while paying for necessary expenses with tax-free dollars?

Dependent Care FSA—up to \$5,000 per year tax-free

A dependent care Flexible Spending Account (FSA) can help families save potentially hundreds of dollars per year on day care. This program is administered by Chard Snyder.

www.chard-snyder.com

Here's how the Dependent Care FSA works

You set aside money from your paycheck, before taxes, to pay for work-related day care expenses. Eligible expenses include not only childcare, but also before and after school care programs, preschool, and summer day camp for children under age 13. The account can also be used for day care for a spouse or other adult dependent who lives with you and is physically or mentally incapable of self-care.

You can set aside up to \$5,000 per household per year. You can submit claims to get reimbursed for eligible dependent care expenses you pay out of pocket.



Estimate carefully! You can't change your FSA election amount mid-year unless you experience a qualifying event. Money contributed to a dependent care FSA must be used for expenses incurred during the same plan year. Unspent funds will be forfeited.

Save your receipts for record keeping on utilizing the pre-tax funds.

FLEXIBLE SPENDING ACCOUNTS – MOBILE APP

The Chard Snyder Mobile App



Download the Chard Snyder Mobile App today!

Want a simple, easy way to manage your Chard Snyder benefit accounts from anywhere? Designed so you can quickly find what you need most, the Chard Snyder Mobile App lets you securely access your benefit accounts with the touch of a finger.

The Chard Snyder Mobile App provides on-the-go access to all your benefit accounts:



----- My Accounts Section

All of your accounts are listed here, so you can view balance information right away. Click on the account name to see specific account details and claim status.

... I Want To Section

Quickly take a number of actions. Depending on your plan, you will see:

- Reimburse Myself
- Send Payment
- Contribute to HSA
- View HSA Investments
- Scan Item for Eligibility
- Manage Expenses
- View and Upload Receipts

Tasks Section

Items that need your attention are listed here. You may see a reminder to submit a receipt for a recent transaction. Just click on the Item to view more information.

-- Account Overview Section

Quickly view detailed information concerning your account(s), like recent claim transactions or HSA contributions and distributions.

Home Button

Home takes you to the main screen from any place in the app.

---- Profile Button

View your plan documents (plan summaries, tax documents, statements, etc.), report your Chard Snyder Benefit Card lost or stolen, change your username and password, and find information on how to contact Chard Snyder.

Sign up for Text Alerts!

You can choose which text alerts you would like to receive for things like account summary, benefit card transactions, payment has been issued, and more!

Sign up for text alerts: Log in to your Chard Snyder online account and click on the Message Center tab. Under Update Notification Preferences, choose the Text boxes under Alert Preferences.

The information contained in this publication is not, nor is it intended to be, legal or tas advice. Federal regulations may charge plan features without notice at any time. © acaz, Chard Snyder & Associates, LLC. All rights reserved.





Contactless payments now available!

Download from the App Store or Google Play. Use on your smartphone or tablet device of choice.



Top Features

- Enable Face ID or Touch ID for easy, secure access
- Submit FSA claims with receipt images using your phone's camera
- Manage HSA investments to realign, update, or transfer your portfolio (Options become available when minimum HSA cash balance set by your employer is reached)
- Catalog past and current receipts using your phone's camera
- Enter your bank account for seamless transfers
- Scan any product for eligibility using your phone's camera (Plan restrictions may apply)

www.chard-snyder.con

800.982.7715 Mobile App v8.22

WELLNESS PROGRAM OVERVIEW

Seminole County Government is committed to helping you achieve your best health. The County's Wellness Program, including tobacco affidavit requirements, coincides with the Benefits Open Enrollment. The Program is voluntary and is available to employees and/or spouses.

- 2023 Wellness outcomes have been carried over to 2024. This means that if you qualified for the Wellness in 2023, you also qualify for 2024.
- We encourage you (and your spouse) to stay on track with your health, and recommend you schedule your annual physical and complete your lab work to ensure you are prepared for the 2025 Wellness program.

STEPS TO THE TOBACCO* FREE REQUIREMENT FOR 2024:

Employees, as well as spouses currently enrolled under the County's health plan, will be required to attest in the PlanSource system during annual enrollment, indicating they are tobacco free in order to avoid an additional \$46 per pay period/per tobacco user tobacco surcharge.

If you and/or your spouse are a tobacco user who would like assistance to eliminate tobacco use, please refer to the list of approved Tobacco Cessation Programs provided by Human Resources, that are offered at no cost to you. You must enroll and complete a qualified program by October 31, 2023. A certificate of completion must be uploaded into PlanSource as part of open-enrollment for Plan Year 2024.

*The County follows the Affordable Care Act's definition of tobacco use. Tobacco use, as defined by the Affordable Care Act (ACA), is an average of four or more times per week within the past 6 months, including **ALL** tobacco and nicotine products, but excluding religious and ceremonial uses of tobacco. NOTE: Tobacco products (FDA regulated tobacco products) include cigarettes, cigars, dissolvables, hookah tobacco, nicotine gels, pipe tobacco, roll-your-own tobacco, smokeless tobacco products including dip, snuff, snus, and chewing tobacco, and electronic nicotine delivery systems including vaping products, hookah pens, etc. The following nicotine products shall be deemed tobacco products unless they are used in connection with a quit program: patches, nicotine gum, lozenges, or other similar nicotine delivery methods.



HEALTHY BALANCE WELLNESS PROGRAM

Seminole County provides ongoing resources to support our employees in improving their health and well-being through healthy lifestyle choices.

The Healthy Balance Wellness Program organizes and promotes health and wellness activities including group fitness classes, challenges, seminars and webinars, participation in community fitness and team sports events, and maintains two employee wellness centers which are free for employees and spouses to use, 24 hours a day, 7 days a week.



Facilities Lunch and Learn

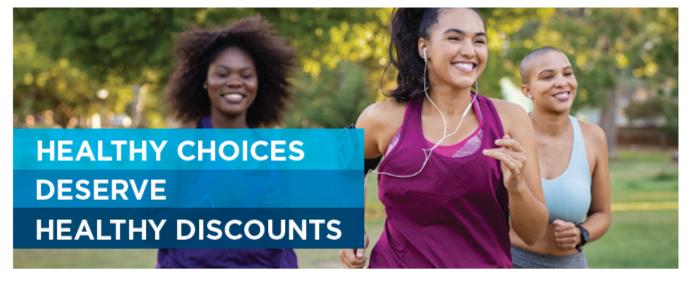
January 1, 2024 through December 31, 2024

Seminole County Softball Team





CIGNA HEALTHY REWARDS



Start saving today with Cigna Healthy Rewards®*

Just use your Cigna ID wallet card when you pay and let the savings begin.

Get discounts on the health products and programs you use every day for:

- Nutritional Meal Delivery Service
- Fitness Memberships and Devices**
- Vision Care, Lasik Surgery, Hearing Aids
- Alternative medicine
- Yoga Products and Virtual Workouts**

Real brands. Real discounts. Real easy.

Log into **myCigna.com** and navigate to Healthy Rewards Discount Program or call **800.870.3470**.

- * Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. If your health plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your your plan benefit s. A discount program is NOT insurance, and you must pay the entire discounted charge. All goods, services and discounts offered through Healthy Rewards are provided by third parties who are solely responsible for their products, services and discounts.
- ** Fitness Membership and Devices along with Yoga Products and Virtual Workouts can only be accessed by login into my/Gigna.com and navigating to Healthy Rewards Discount Program.



For Cigna customers who don't have access to **myCigna.com** and want an Active&Fit Direct[™] gym membership:

- > Call 800.870.3470; and
- Press 3 to be transferred to a customer service agent.

Together, all the way."



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and Cigna Health Management, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All models are used for flustrative purposes only.

939232 a 05/20 © 2020 Cigna. Some content provided under license.





OUR PLANS

Lincoln Financial Group

Low PPO, Mid PPO, & High PPO Options.

WE ARE OFFERING A NEW PPO PLAN! This plan will replace the DHMO plan and offer you a better network of dentists.

The old Low PPO plan will be renamed Mid PPO. There are no changes to this plan except for the name.

Why sign up for Dental coverage?

It's important to go to the dentist regularly. Brushing and flossing are great, but regular exams catch dental issues early before they become more expensive and difficult to treat.

That's where dental insurance comes in. Dental insurance makes it easier and less expensive to get the care you need to maintain good oral health.

Dental insurance covers three types of treatments:

- Preventive care includes exams, cleanings and x-rays
- **Basic** care focuses on repair and restoration with services such as fillings, root canals, and gum disease treatment
- Major care goes further than basic and includes bridges, crowns and dentures

MID & HIGH LEVEL DENTAL PLANS ONLY:

• **Orthodontia** treatment to properly align teeth within the mouth (Children only)

DENTAL PLANS

You always pay the deductible and copayment (\$). The coinsurance (%) shows what the plan pays after the deductible.

	PPO Low Plan	PPO Mid Plan	PPO High Plan	
In-Network Benefits				
Calendar Year Deductible Individual/Family	\$75 / \$225	\$50 / \$150	\$50 / \$150	
Calendar Year Maximum	\$750	\$1,000	\$1,500	
Preventive Services	Covered 100%	Covered 100%	Covered 100%	
Basic Services	Plan pays 70% after deductible	Plan pays 80% after deductible	Plan pays 90% after deductible	
Major Services	Plan pays 40% after deductible	Plan pays 50% after deductible	Plan pays 60% after deductible	
Orthodontic Services (Up to 19 years)	Not Covered	50% to \$1,000 (lifetime maximum)	50% to \$1,000 (lifetime maximum)	
Out-of-Network Benefits*				
Calendar Year Deductible Individual/Family	\$100 / \$300	\$100 / \$300	\$50 / \$150	
Calendar Year Maximum	\$500	\$500	\$1,500	
Preventive Services	Plan pays 80% after deductible*	Plan pays 80% after deductible*	Covered 100%*	
Basic Services	Plan pays 50% after deductible*	Plan pays 80% after deductible*	Plan pays 80% after deductible*	
Major Services	Plan pays 25% after deductible*	Plan pays 40% after deductible*	Plan pays 50% after deductible*	
Orthodontic Services (Up to 19 years)	Not Covered	50% to \$1,000 (lifetime maximum)*	50% to \$1,000 (lifetime maximum)*	

*Out of Network benefits subject to Balance Billing

DENTAL PLAN PREMIUMS

Semi-Monthly Plan Premiums	PPO Low Plan	PPO Mid Plan	PPO High Plan
Employee Only	\$7.49	\$10.06	\$23.12
Employee + One	\$13.11	\$17.95	\$40.68
Employee + Two or more	\$19.36	\$28.46	\$59.66









OUR PLAN EyeMed Vision Plan

Insight Network

Why sign up for Vision coverage?

Vision coverage helps with the cost of eyeglasses or contacts. But even if you don't need vision correction, an annual eye exam checks the health of your eyes and can even detect more serious health issues such as diabetes, high blood pressure, high cholesterol, and thyroid disease.

You'll even find discounts on services like LASIK, rebates on contact lenses, and money off on hearing aids and other related services. Visit <u>www.eyemed.com</u> to check out these extra savings.

Scan to learn more about Vision coverage



VISION PLAN - EYEMED



Your vision checkup is fully covered after your Exam copay. After any Materials copay, the plan covers frames, lenses, and contacts as described below.

	In-Network	Out-of-Network
Benefit FrequencyEye ExamPrescription LensesFrames	12 months	12 months
Eye Exams	\$10 copay	Reimbursed up to \$40
 Prescription Lenses Single Lenses Bifocal Lenses Trifocal Lenses Standard Progressive 	\$15 copay \$15 copay \$15 copay \$80 copay	Reimbursed up to \$30 Reimbursed up to \$50 Reimbursed up to \$70 Reimbursed up to \$50
Frame	\$200 allowance, then 20% off	Reimbursed up to \$140
Contact Lens Benefit	\$200 allowance, then 15% off	Reimbursed up to \$140







www.eyemed.com

Semi-Monthly Plan Premiums	Vision Plan
Employee Only	\$4.91
Employee + One	\$9.33
Employee + Two or more	\$13.70

LIFE & DISABILITY

YOUR BENEFICIARY = WHO GETS PAID

If the worst happens, your beneficiary—the person (or people) on record with the life insurance carrier receives the benefit. Make sure that you name at least one beneficiary for your life insurance benefit, and change your beneficiary as needed if your situation changes.

DON'T FORGET TO UPDATE YOUR BENEFICIARIES!

👩 reliancematrix

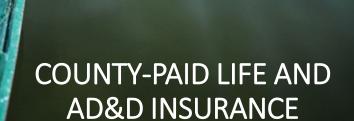
Is your family protected?

Life, AD&D and disability insurance can fill a number of financial gaps due to a temporary or permanent reduction of income. Consider what your family would need to cover day-to-day living expenses and medical bills during a pregnancy or illnessrelated disability leave, or how you would manage large expenses (rent or mortgage, children's education, student loans, consumer debt, etc.) after the death of a spouse or partner.

We provide long-term disability benefits and a base amount of life and AD&D insurance to help you recover from financial loss at no cost to you.

If you need additional coverage

We offer voluntary life insurance coverage that you can purchase for yourself, your spouse, and your children, as well as voluntary short-term disability. See the Voluntary Benefits section for details.





Basic Life and AD&D – Reliance Matrix Insurance Company

Basic Life Insurance pays your beneficiary a lump sum if you die. AD&D (Accidental Death & Dismemberment) coverage provides a benefit to you if you suffer from loss of a limb, speech, sight, or hearing, or to your beneficiary if you have a fatal accident. The cost of coverage is paid in full by the County.

Basic Term Life Insurance

As an employee of Seminole County, you are provided basic life insurance equal to one time your annual base pay.

Accidental Death and Dismemberment

As an employee of Seminole County, you are provided AD&D insurance equal to one time your annual base pay.

A Note About Taxes

Company-provided life insurance coverage over \$50,000 is considered a taxable benefit. The value of the benefit over \$50,000 will be reported as taxable income on your annual W-2 form.

You will see an entry on your pay stub for Life excess. This is the amount of premium you are being taxed on. This amount is not being taken out of your paycheck.

COUNTY-PAID LONG TERM DISABILITY INSURANCE (LTD)



👩 reliancematrix

28

Long Term Disability Insurance – Reliance Matrix

Seminole County provides monthly income protection benefits if you are unable to work due to a non-workrelated accident or illness. Long Term Disability benefits will be paid after a minimum of 180 days of total disability, upon approval by Reliance Matrix.

The policy contains the following pre-existing condition limitation: any injury or sickness that has been diagnosed, consulted or treated, to include prescribed medications, three months prior to your effective date will NOT be covered until you have been insured twelve months by the plan.

Long Term Disability County Paid Benefit

- Elimination Period: 180 days
- Benefit Amount: Up to 60% of Monthly Earnings to \$8,000 maximum
- Benefit Duration: Social Security Normal Retirement Age
- Own Occupation: 24 months



OUR VOLUNTARY PLANS

- Voluntary Life Insurance
- Voluntary AD&D Insurance
- Voluntary Short-Term Disability
- Critical Illness
- Cancer Insurance

You're unique—and so are your benefit needs

Voluntary benefits are optional coverages that help you customize your benefits package to your individual needs.

Seminole County offers plans to help:

- provide income for survivors
- replace income if you're injured or ill

You pay the entire cost for these plans, but rates may be more affordable than individual coverage. And you get the added convenience of paying through payroll deduction.

Voluntary benefits are just that: voluntary. You have the freedom and flexibility to choose the benefits that make sense for you and your family. Or, you don't have to sign up for voluntary benefits at all. The choice is yours.

29

VOLUNTARY LIFE AND AD&D INSURANCE



The Voluntary Term Life insurance plan allows you to purchase additional life insurance for you, your spouse and/or your dependent children.

Evidence of insurability is required for all employees and spouses who do not enroll during their initial eligibility period. Additionally, employees wishing to increase their voluntary life coverage, or those who choose an amount above the Guaranteed Issue amount will be asked to complete an Evidence of Insurability form. Please contact Human Resources for the form or more information.

Voluntary Life I	nsurance
Employee	\$10,000 Increments to maximum of \$500,000 (not to exceed 5x annual salary)
Spouse	\$5,000 Increments to maximum of \$100,000 (not to exceed 50% of the employee's elected amount)
Child(ren)	Birth to 20 years (to 26 years if full-time student): \$10,000
Guarantee Issue	
Employee	\$500,000 (combined with basic life)
Spouse	\$50,000
Child(ren)	NA

Reliance Matrix Insurance Voluntary AD&D Insurance

Additional protection is available for employees and their families from loss due to accidental death or serious injury. AD&D coverage matches the voluntary life insurance election for employees and spouse.

If you elect voluntary life insurance, you will automatically be enrolled in the AD&D coverage for the same amount as the voluntary life insurance.

VOLUNTARY SHORT TERM DISABILITY INSURANCE (STD)

Reliance Matrix

If you become disabled and cannot work for a period of time, disability insurance may provide some income protection for you and your family.

You have the opportunity to purchase Short-Term Disability insurance. You are considered "disabled" when you cannot perform the primary functions of your job due to an injury or illness. STD coverage provides weekly income protection benefits if you are temporarily unable to work due to a non-work-related accident or illness (including pregnancy).

If you waive voluntary disability coverage when you are initially eligible, you will be required to provide Evidence of Insurability (EOI) when enrolling at a later date.

Benefits will be paid starting on the fifteenth consecutive day of an accident or illness, upon approval by Reliance Matrix. **Note: Employees** who go out on STD have the choice to use PTO or not, to make up the difference in what they receive from Reliance Matrix up to 100% of earnings. Employees cannot receive full PTO and STD benefits that would exceed 100% of earnings.



SHORT TERM DISA	SHORT TERM DISABILITY	
Elimination Period	14 days	
Benefit	Up to 60% of weekly earnings up to \$1,500 per week	
Maximum Benefit Duration	180 days	

PREMIUM CALCULATION

1.	Multiply your average weekly salary (up to a maximum of \$1,500) by .60	Example*: \$750 x .60 = \$450
2.	Multiply the above by the corresponding rate for your age (from the table to the right)	\$450 x .48 = \$216
3.	Divide that number by 10 for your monthly premium amount	\$216 ÷10 = \$21.60
	End of the second second second second	

\$10.80

 For your per payroll deduction amount, divide this by 2.

SHORT TERM DISABILITY RATES

Under 30	\$0.62
30-34	\$0.68
35-39	\$0.48
40-44	\$0.41
45-49	\$0.48
50-54	\$0.55
55-59	\$0.73
60+	\$0.91

ALLSTATE CANCER WITH SPECIFIED DISEASE



Cancer Insurance

Many people are concerned about the financial impact of a cancer diagnosis. Cancer insurance provides tax-free benefits for many of the costs associated with cancer treatment such as radiation, chemo, surgery, diagnostic tests, and physician charges. You can cover yourself and your family members if needed. Allstate provides coverage for this program.

Allstate Benefits Group Cancer and Specified Disease plan offers employees and their families benefits which can be used for the medical or non-medical expenses that can be incurred during cancer treatment (and other specified diseases). Benefits are paid in addition to other insurance and are paid directly to you, unless you choose to assign the benefits directly to a provider.

- Guaranteed Issue: No medical questions or tests required for coverage for new hires.
- Flexible: You can use the benefit money for any purpose you like, such as your deductible.
- Payroll Deductions: Premiums are paid through convenient payroll deductions.

New hires who waive initially will be required to provide Evidence of Insurability when applying later. Generally, employees and family members who have not been treated or diagnosed with cancer in the last five (5) years will be eligible to apply and enroll in coverage.

	2024 Semi-Monthly Payroll De	ductions
	Employee	Employee + Family
Plan 1	\$7.49	\$12.60
Plan 2	\$13.83	\$23.51

ALLSTATE CANCER BENEFIT AMOUNTS

Hospital Confinement and Related Benefits	Plan 1	Plan 2
Continuous Hospital Confinement (daily)	\$200	\$300
Extended Benefits (daily)	\$200	\$300
Government or Charity Hospital	\$200	\$300
Private Duty Nursing Services	\$200	\$300
Extended Care Facility	\$200	\$300
At Home Nursing	\$200	\$300
Hospice Care Center (daily) or Hospice Care Team (per visit)	\$200	\$300
Radiation and Chemotherapy	Plan 1	Plan 2
Radiation/Chemotherapy (every 12 months)	\$5,000	\$10,000
Blood, Plasma, and Platelets (every 12 months)	\$5,000	\$10,000
Surgery and Related Benefits	Plan 1	Plan 2
Surgery Inpatient / Outpatient	\$3,000 / \$4,500	\$4,500 / \$6,750
Anesthesia (% of surgery benefit)	25%	25%
Bone Marrow or Stem Cell Transplant (once/year) Autologous / Non Autologous (cancer or specified disease treatment) Non Autologous (Leukemia)	\$1,000 / \$2,500 \$5,000	\$1,500 / \$3,750 \$7,500
Ambulatory Surgical Center (daily)	\$500	\$750
Second Surgical Opinion	\$400	\$600
Transportation and Lodging Benefits	Plan 1	Plan 2
Ambulance (per confinement)	\$100	\$100
Non-Local Transportation (coach fare or amount shown per mile)	\$0.40/mi	\$0.40/mi
Outpatient Lodging (daily; limit \$2,000/12 mo. period)	\$50	\$50
Family Member Lodging (daily per trip; max 60 days) Transportation (coach fare or amount shown per mile)	\$50 \$0.40/mi	\$50 \$0.40/mi
Miscellaneous Benefits	Plan 1	Plan 2
Inpatient Drugs and Medicine (daily)	\$25	\$25
Physician's Attendance	\$50	\$50
Physical or Speech Therapy (daily)	\$50	\$50
New or Experimental Therapy (every 12 months)	\$5,000	\$5,000
Prothesis (per amputation)	\$2,000	\$2,000
Comfort/Anti-Nausea Benefit	\$200	\$200
Cancer Initial Diagnosis (one-time benefit)	n/a	\$2,000
Cancer Screening	\$50	\$100
ICU	\$200 Charges	\$400 Charges

AETNA CRITICAL ILLNESS



Critical Illness Insurance

Critical illness insurance from Aetna can help fill a financial gap if you experience a serious illness such as cancer, heart attack or stroke. Upon diagnosis of a covered illness, a lump-sum, tax-free benefit is immediately paid to you. Use it to help cover medical costs, transportation, childcare, lost income, or any other need following a critical illness. You choose a benefit amount that fits your paycheck and can cover yourself and your family members if needed. You may even be eligible for a benefit if you receive a covered wellness screening such as blood tests, stress tests, or a chest x-ray.

Critical Illness Insurance pays a lump-sum benefit if you are diagnosed with a covered illness or condition. Features of this policy include:

- **Flexible**: You can use the benefit money for any purpose you like, such as your deductible.
- Payroll deductions: Premiums are paid through convenient payroll deductions.

	2024 Semi-N	Ionthly Payroll Deduction	IS		
	NON	NON-TOBACCO TOBACCO*		NON-TOBACCO	
	EMPLOYEE	EMPLOYEE + FAMILY	EMPLOYEE	EMPLOYEE + FAMILY	
\$10,000 Face Amount (Spouse and Children: 50% of face amount)	\$8.04	\$11.75	\$13.55	\$19.80	
\$20,000 Face Amount (Spouse and Children: 50% of face amount)	\$16.08	\$23.50	\$27.10	\$39.60	

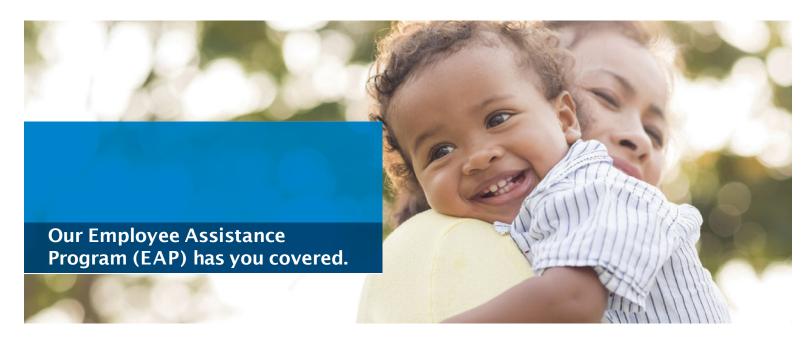
Critical Illness Benefits Covered at 100% of Face Amount

- Heart Attack (Myocardial Infarction)
- Major Organ Failure
- Stroke
- End-Stage Renal Failure

Critical Illness Benefits Covered at 25% of Face Amount

Coronary Artery Condition Requiring Bypass Surgery (In order for benefits to be payable, bypass surgery must be done while coverage for the insured person is in force)

*You are considered a tobacco user if you currently use or have used any tobacco products within the past 12 months. Tobacco products include, but are not limited to, cigarettes, cigars, snuff, dip, chew, pipe, vape, and/or any nicotine delivery system.



As an employee of Seminole County Board of County Commissioners you have access to our valuable Employee Assistance Program (EAP) at no cost to you.

EAP personal advocates will work with you and your household family members to help you resolve issues you may be facing, connect you with the right mental health professionals, direct you to a variety of helpful resources in your community and more.

Take advantage of a wide range of services ofered at no cost to you

- 10 face-to-face counseling sessions with a counselor in your area, as well as video-based sessions.
- Legal assistance: 30-minute consultation with an attorney, face-to-face or by phone.*
- Financial: 30-minute telephone consultation with a qualified specialist on topics such as debt counseling or planning for retirement.
- Parenting: Resources and referrals for childcare providers, before and after school programs, camps, adoption organizations, child development, prenatal care and more.
- Eldercare: Resources and referrals for home health agencies, assisted living facilities, social and recreational programs and long-distance caregiving.
- Pet care: Resources and referrals for pet sitting, obedience training, veterinarians and pet stores.
- Identity theft: 60-minute consultation with a fraud resolution specialist.

Together, all the way."

×	

We're here to listen. Contact us any day, anytime.

Call 1.877.622.4327 Or log in to myCigna.com. Employer ID: seminolecountyfl (Needed for initial registration only) If already registered on myCigna.com, simply log in and go to the EAP link under the Review My Coverage tab.



*Employment-related legal issues are not covered.

Some work/life services offered under the Employee Assistance Program may be provided by a Cigna contracted third-party vendor.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Evemorth Corporation, including Evemorth Care Solutions, Inc. and Evemorth Behavioral Health, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All pictures are used for illustrative purposes only.

838614 f 08/21 © 2021 Cigna. Some content provided under license.

PLANSOURCE: ONLINE ENROLLMENT

OPEN ENROLLMENT INSTRUCTIONS To enroll in benefits, go to: <u>benefits.plansource.com</u>

Click "Get

Started"

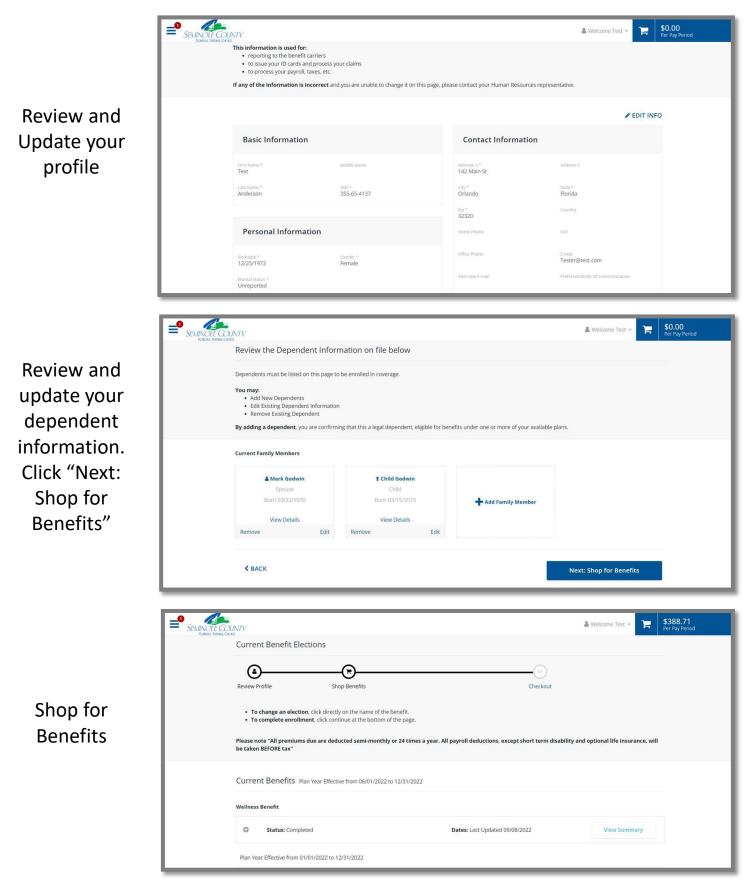


- Most USERNAMES are in the following format initial of first name last name up to 6 letters and the last four numbers of your social security number. (ex. gwashin1234).
- All PASSWORDS have been reset to your birthdate in the YYYYMMDD format. (ex. If you're your birthdate is May 7, 2022 you would enter it as 20220507).

	Shop and Enr	ofile and see if anything has o	changed since last year.	
Annual Enrollment The Annual enrollment period is your opportunity to make changes to your benefits for the upcoming plan year. To begin, please click on the "Enroll - Annual" button on the left.	Review Profile	Shop Benefits	Checko	ut
Need to update your current Have you had a qualifying life event Update your current benefits.		our family?		
			🚨 Welcome Test 👻	\$0.00 Per Pay Period

2024 Seminole County Employee Benefits Guide January 1, 2024 through December 31, 2024

PLANSOURCE: ONLINE ENROLLMENT



PLANSOURCE: ONLINE ENROLLMENT

	You can view, add, or edit beneficiaries for each of your coverages by clicking on the benefit below. Allocations must add up to 100%.
Add your beneficiaries	Image: Coverage amount \$46,000.00 Primary Beneficiaries (Required*) Tou must designate a primary beneficiaries for this benefit. Image: Add Beneficiaries Would you like to add secondary beneficiaries? No Yes Voluntary Employee Life & AD&D Coverage amount \$50,000.00
Review and Check Out	Current Benefit Elections Enrollment Complete! You have completed the open enrollment process and confirmed your benefits.
Click "Send by Email" to receive a confirmation statement	Need a copy of your benefits confirmation statement? Image: Send by Email Image: Send by Email Image: Send by Email Review Profile Shop Benefits Review Profile Shop Benefits The coverage details listed below are the current active elections on file for you and your dependents. If you believe there is an error in your statement, please contact your Benefits Administrator. If you need to make changes due to a qualifying life event, please click on the Life Event link. Click on the icons below to print your confirmation statement or generate a pdf file.
	Your To-Do List 0 of 5 Complete Answer a few short health questions to complete your application for Reliance Standard benefits. >
Review your "To-Do" List	Upload the required document for Test Carter by October 10 2022
10-DO LIST	Upload the required document for Spouse Carter by October 8 2022 Open
Upload any	Upload the required document for Baby Carter by October 8 2022 Open
required documents	Upload the required document for Baby Boy carter by October 8 2022 Open
	Current Benefits Plan Year Effective from 06/01/2022 to 12/31/2022
	Below are your new elections. Benefit elections may be changed during your company's Open Enrollment or if you've had a Qualifying Life Event.

IMPORTANT STATE AND FEDERAL NOTICES

These notices, along with Summary Plan Descriptions (SPD) and Summary of Benefits and Coverage (SBC's) can be obtained from the Human Resources SharePoint site.

Medicare Part D Notice

Important Notice from Seminole County Government About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Seminole County Government and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.

2. Seminole County has determined that the prescription drug coverage offered by the CIGNA medical plans is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your Seminole County Government coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan.

Since the existing prescription drug coverage under the CIGNA medical plans is creditable (e.g., as good as Medicare coverage), you can retain your existing prescription drug coverage and choose not to enroll in a Part D plan; or you can enroll in a Part D plan as a supplement to, or in lieu of, your existing prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your Seminole County Government prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Seminole County Government and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice or Your Current Prescription Drug Coverage...

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Seminole County Government changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at <u>socialsecurity.gov</u>, or call them at 800-772-1213 (TTY 800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether you have maintained creditable coverage and, therefore, whether you are required to pay a higher premium (a penalty).

Date:
Name of Entity/Sender:
Contact-Position/Office:
Address:
Phone Number:

September 15, 2023 Seminole County Government Human Resources 1101 E. 1st Street, 3rd Floor, Sanford, FL 32771 407-665-5272

Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, call your plan administrator 407-665-5272.

Newborns and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not more than 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator at 407-665-5272.

HIPAA Notice of Special Enrollment Rights

If you decline enrollment in Seminole County Government's health plan for you or your dependents (including your spouse) because of other health insurance or group health plan coverage, you or your dependents may be able to enroll in Seminole County Government's health plan without waiting for the next open enrollment period if you:

- Lose other health insurance or group health plan coverage. You must request enrollment within 30 days after the loss of other coverage.
- Gain a new dependent because of marriage, birth, adoption, or placement for adoption. You must request health plan enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.
- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible. You must request medical plan enrollment within 60 days after the loss of such coverage.

If you request a change due to a special enrollment event within the 30-day timeframe, coverage will be effective the date of birth, adoption, or placement for adoption. For all other events, coverage will be effective the first of the month following your request for enrollment. In addition, you may enroll in Seminole County Government's health plan if you become eligible for a state premium assistance program under Medicaid or CHIP. You must request enrollment within 60 days after you gain eligibility for medical plan coverage. If you request this change, coverage will be effective the first of the month following your request for enrollment. Specific restrictions may apply, depending on federal and state law.

Note: If your dependent becomes eligible for a special enrollment right, you may add the dependent to your current coverage or change to another health plan.

Availability of Privacy Practices Notice

We maintain the HIPAA Notice of Privacy Practices for Seminole County Government describing how health information about you may be used and disclosed. You may obtain a copy of the Notice of Privacy Practices by contacting Seminole County Government, Human Resources, 1101 E. 1st Street, 3rd Floor, Sanford, FL 32771, 407-665-5272.

Michelle's Law

The Seminole County Government health plan may extend medical coverage for dependent children if they lose eligibility for coverage because of a medically necessary leave of absence from school. Coverage may continue for up to a year unless your child's eligibility would end earlier for another reason.

Extended coverage is available if a child's leave of absence from school — or change in school enrollment status (for example, switching from full-time to part-time status) — starts while the child has a serious illness or injury, is medically necessary and otherwise causes eligibility for student coverage under the plan to end. Written certification from the child's physician stating that the child suffers from a serious illness or injury and the leave of absence is medically necessary may be required.

If your child will lose eligibility for coverage because of a medically necessary leave of absence from school and you want his or her coverage to be extended, notify Human Resources in writing as soon as the need for the leave is recognized. In addition, contact your child's health plan to see if any state laws requiring extended coverage may apply to his or her benefits.

Notice of Availability of Alternative Standard for Wellness Plan

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at 407-665-5272 and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you considering your health status.

Notice Regarding Wellness Program

Seminole County Government's Wellness Program is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you may be asked to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You may also be asked to complete a biometric screening, which would include a blood test for glucose, HDL, LDL, BMI, triglycerides, and total cholesterol. You are not required to complete an HRA or to participate in any blood tests or other medical examinations.

However, employees who choose to participate in the wellness program will receive an incentive of wellness preferred rates for completing an annual physical and meeting 3 out of 4 biometrics goals. Although you are not required to complete an HRA or participate in any biometric screenings, only employees who do so will be eligible for the wellness preferred rates.

If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting Human Resources at 407-665-5272.

The information from your HRA and/or the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks and may also be used to offer you services through the wellness program, such as health coaching. You also are encouraged to share your results or concerns with your own doctor.

Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Seminole County Government may use aggregate information it collects to design a program based on identified health risks in the workplace, Seminole County Government's wellness program will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual that may receive your personally identifiable health information is a health coach to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Human Resources at 407-665-5272.

Premium Assistance under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2022. Contact your State for more information on eligibility –

ALABAMA – Medicaid

Website: <u>http://myalhipp.com/</u> Phone: 1-855-692-5447

ALASKA – Medicaid

The AK Health Insurance Premium Payment Program | Website: <u>http://myakhipp.com/</u> Phone: 1-866-251-4861 Email: <u>CustomerService@MyAKHIPP.com</u> Medicaid Eligibility: <u>http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx</u>

ARKANSAS – Medicaid

Website: http://myarhipp.com/ | Phone: 1-855-MyARHIPP (855-692-7447)

CALIFORNIA – Medicaid

Website: Health Insurance Premium Payment (HIPP) Program <u>http://dhcs.ca.gov/hipp</u> Phone: 916-445-8322 | Fax: 916-440-5676

Website: Health Insurance Premium Payment (HIPP) Program <u>http://dhcs.ca.gov/hipp</u> Phone: 916-445-8322 Fax: 916-440-5676 Email: <u>hipp@dhcs.ca.gov</u>
COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)
Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1-800-221-3943 State Relay 711 CHP+: https://www.colorado.gov/pacific/hcpf/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991 State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program HIBI Customer Service: 1-855-692-6442
FLORIDA – Medicaid
Website: <u>https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html</u> Phone: 1-877-357-3268
GEORGIA – Medicaid
GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp
Phone: 678-564-1162, press 1 GA CHIPRA Website: <u>https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-</u> <u>reauthorization-act-2009-chipra</u> Phone: 678-564-1162, press 2
INDIANA – Medicaid
Healthy Indiana Plan for low-income adults 19-64 Website: <u>http://www.in.gov/fssa/hip/</u> Phone: 1-877-438-4479 All other Medicaid Website: <u>https://www.in.gov/medicaid/</u> Phone 1-800-457-4584
IOWA – Medicaid and CHIP (Hawki)
Medicaid Website: <u>https://dhs.iowa.gov/ime/members</u> Medicaid Phone: 1-800-338-8366 Hawki Website: <u>http://dhs.iowa.gov/Hawki</u> Hawki Phone: 1-800-257-8563 HIPP Website: <u>https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp</u> HIPP Phone: 1-888-346-9562
KANSAS – Medicaid
Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884
KENTUCKY – Medicaid
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: <u>https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</u> Phone: 1-855-459-6328 Email: <u>KIHIPP.PROGRAM@ky.gov</u> KCHIP Website: <u>https://kidshealth.ky.gov/Pages/index.aspx</u> Phone: 1-877-524-4718 Kentucky Medicaid Website: <u>https://chfs.ky.gov</u>
LOUISIANA – Medicaid
Website: <u>www.medicaid.la.gov</u> or <u>www.ldh.la.gov/lahipp</u> Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)
MAINE – Medicaid
Enrollment Website: <u>https://www.maine.gov/dhhs/ofi/applications-forms</u> Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: <u>https://www.maine.gov/dhhs/ofi/applications-forms</u> Phone: 800-977-6740 TTY: Maine relay 711
MASSACHUSETTS – Medicaid and CHIP
Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840 TTY: 617-886-8102
MINNESOTA – Medicaid
Website: https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and- services/other-insurance.jsp Phone: 1-800-657-3739

MISSOURI – Medicaid Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005		
Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005		
MONTANA – Medicaid		
Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP		
Phone: 1-800-694-3084 email: HHSHIPPProgram@mt.gov		
NEBRASKA – Medicaid		
Website: http://www.ACCESSNebraska.ne.gov		
Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178		
NEVADA – Medicaid		
Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900		
NEW HAMPSHIRE – Medicaid		
Website: https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program		
Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext. 5218		
NEW JERSEY – Medicaid and CHIP		
Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/		
Medicaid Phone: 609-631-2392		
CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710		
NEW YORK – Medicaid		
Website: https://www.health.ny.gov/health_care/medicaid/ Phone: 1-800-541-2831		
NORTH CAROLINA – Medicaid		
Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100		
NORTH DAKOTA – Medicaid		
Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/ Phone: 1-844-854-4825		
OKLAHOMA – Medicaid and CHIP		
Website: http://www.insureoklahoma.org Phone: 1-888-365-3742		
website. <u>http://www.insureokianoma.org</u> Phone. 1-888-505-5742		
OREGON – Medicaid		
Website: <u>http://healthcare.oregon.gov/Pages/index.aspx</u> or <u>http://www.oregonhealthcare.gov/index-es.html</u>		
Phone: 1-800-699-9075		
PENNSYLVANIA – Medicaid		
Website: https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx Phone: 1-800-692-7462		
RHODE ISLAND – Medicaid and CHIP		
Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347 or 401-462-0311 (Direct Rite Share Line)		
SOUTH CAROLINA – Medicaid Website: https://www.scdhhs.gov Phone: 1-888-549-0820		

SOUTH DAKOTA – Medicaid		
Website: http://dss.sd.gov Phone: 1-888-828-0059		
TEXAS – Medicaid		
Website: <u>http://gethipptexas.com/</u> Phone: 1-800-440-0493		
UTAH – Medicaid and CHIP		
Medicaid Website: <u>https://medicaid.utah.gov/</u> CHIP Website: <u>http://health.utah.gov/chip</u> Phone: 1-877-543-7669		
VERMONT – Medicaid		
Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427		
VIRGINIA – Medicaid and CHIP		
Website: <u>https://www.coverva.org/en/famis-select</u> or <u>https://www.coverva.org/en/hipp</u>		
Medicaid Phone: 1-800-432-5924 CHIP Phone: 1-800-432-5924		
WASHINGTON – Medicaid		
Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022		
WEST VIRGINIA – Medicaid and CHIP		
Website: <u>https://dhhr.wv.gov/bms/</u> or <u>http://mywvhipp.com</u> /		
Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)		
WISCONSIN – Medicaid and CHIP		
Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002		
WYOMING – Medicaid		
Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/ Phone: 1-800-251-1269		

To see if any other states have added a premium assistance program since July 31, 2022, or for more information on special enrollment rights, contact either:

U.S. Department of Labor	U.S. Department of Health and Human Services	
Employee Benefits Security Administration	Centers for Medicare & Medicaid Services	
www.dol.gov/agencies/ebsa	www.cms.hhs.gov	
1-866-444-EBSA (3272)	1-877-267-2323, Menu Option 4, Ext. 61565	

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email <u>ebsa.opr@dol.gov</u> and reference the OMB Control Number 1210-0137.



