

Central Florida Herbs & Where to Grow Them

6+ Hours Sun



Name	Takes FL Weather*	Heat/Humidity Sensitive**	Cold Sensitive***
Anise			◆
Basil			◆
Bay Laurel	◆		
Borage		◆	
Burnet	◆		
Caraway		◆	
Carob	◆		
Chamomile		◆	
Chicory	◆		
Chili Pepper	◆		
Chives	◆		
Cilantro/Coriander		◆	
Cuban Oregano			◆
Cumin			◆
Dill		◆	
Fennel		◆	
Fennugreek		◆	
Garlic		◆	
Goldenrod			◆
Horseradish	◆		
Lavender		◆	
Lemon Balm		◆	

Name	Takes FL Weather*	Heat/Humidity Sensitive**	Cold Sensitive***
Lemon Grass	◆		
Lemon Verbena	◆		
Lovage		◆	
Mexican Oregano	◆		
Mexican Tarragon	◆		
Miracle Fruit			◆
Moringa			◆
Mustard	◆		
Myrtle	◆		
Oregano	◆		
Parsley		◆	
Roselle	◆		
Rosemary	◆		
Sage		◆	
Savory		◆	
Sesame			◆
Sorrel		◆	
Stevia		◆	◆
Sugarcane		◆	
Tarragon		◆	
Thyme	◆		

* Usually survives through the year in C. Florida.

**Typically will not survive through the summer due to heat/humidity.

***Will not make it through standard wintertime temperatures without cold protection

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Shade
(2-6 hours sun)

Name	Takes FL Weather*	Heat/Humidity Sensitive**	Cold Sensitive***
Bee Balm	◆		
Black Pepper			◆
Burnet	◆		
Cacao (chocolate)			◆
Cardamom			◆
Chervil		◆	
Cuban Oregano			◆
Culantro			◆
Ginger	◆		
Lemon Grass	◆		
Mint	◆		
Nasturtium	◆		
Pepperweed	◆		
Spicebush		◆	
Star Anise	◆		
Turmeric			◆
Vanilla Orchid			◆
Watercress	◆		

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Further Reading:

UF/IFAS Fact Sheets: http://edis.ifas.ufl.edu/topic_herbs

Books:

Florida's Best Herbs & Spices

By Charles R. Boning

Describes both growing & what parts to use with easy to read charts on where, when, & how to grow. Good pictures of plants.

Herbs & Spices For Florida Gardens

By Monica Moran Brandies

Discusses how to harvest & store, also has sections focusing on how to incorporate herbs into a landscape design, easy recipes, & list of edible flowers.

Uncommon Scents: Growing Herbs & Spices in Florida

By Hank Bruce

Covers using herbs as pest control, dyes, edible flowers, and propagation, along with descriptions of some more unusual herbs. Author has a fun 'voice' in his writing.

Seminole County Resident Resources:

Master Gardener Plant Clinic:

Phone: (407)-665-5550

E-mail: mastergardener@seminolecountyfl.gov

Residential Horticulture Agent - Kaydie McCormick:

Phone: (407)-665-5558

E-mail: kmccormick@seminolecountyfl.gov