Greenways & Natural Lands
Seminole Tracks Newsletter

Natural Lands Program Newsletter Call 407-665-2211 for more info 2020 Winter/Spring

Upcoming Hikes & Special Events

NATURAL LANDS GUIDED HIKES

Join Natural Lands staff and volunteers for guided hikes on some of our beautiful wilderness areas. Experience the trails and learn about the amazing animals and plants that live in the variety of habitats.

Children must be at least 7 years old and accompanied by an adult.
Pre-registration is required, space is limited.

Register online at recreation.seminolecountyfl.gov or at any active park: Red Bug Lake Park, Sanlando Park or Sylvan Lake Park. You cannot register over the phone or in person the day of the hike.

GUIDED HIKES **Cost:** $3 per person

Date	Theme	Time	Location
January 18	Nocturnal Animals	7:30-9:30pm	Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)
February 22	Nocturnal Animals	7:30-9:30pm	Econ River Wilderness Area (3795 Old Lockwood Rd, Oviedo 32765)
February 29	Geneva History Hike	8:00-10:00am	Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)
March 28	Herp (reptiles) Hike	7:30-9:30pm	Geneva Wilderness Area (3485 N. County Road 426, Geneva 32732)
April 18	Nocturnal Animals	7:30-9:30pm	Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)
****April 25**	Swamp Walk	8:00-10:00am	Spring Hammock Preserve (2985 Osprey Trail, Longwood 32750)
May 16	Morning Hike	8:00-10:00am	Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)
***May 23**	Morning Trail Trek	8:00am-noon	Black Bear Wilderness Area (5298 Michigan Ave, Sanford 32771))

Black Bear Wilderness Area *trail is a 7.1 mile loop trail. It is very rough terrain and is* ***not recommended for children under 10 years of age****. Bring water, bug repellent and wear comfortable hiking shoes.*

Swamp Walk** will take you through thick black mud to explore the beauty of the hydric hammock. Wear closed-toed shoes and long pants. Lots of fun for the entire family! Bring something to sit on in your car,* ***you WILL get muddy!!

FOREST THERAPY WALK (18+): FEBRUARY 1, 9AM-11AM, GENEVA WILDERNESS AREA (AGES 18+)

Inspired by the Japanese practice of Shinrin-yoku or "Forest Bathing," this Forest Therapy walk will invite you to unplug, slow down, and utilize all of your senses to take advantage of the mental and physical health benefits of spending time in nature. This is a slow-paced activity, typically no longer than one mile in length, and no physical exertion is required. Please be sure to bring water and wear comfortable closed-toed shoes. *Pre-registration is required, space is limited.* **Register online at recreation.seminolecountyfl.gov.** For more information, please call 407-665-2211. **Cost: $5/per person Ages: 18+ Location**: Geneva Wilderness Area (3485 N. County Road 426, Geneva 32732)

SPECIAL EVENTS: FAMILY FUN CAMPOUTS! MARCH 7-8 & APRIL 4-5

Two great opportunities to learn to camp at fun, family-oriented events. Meals included! We will have tent pitching assistance, cast iron cooking, nature hike, wildlife chat, cook s'mores over a campfire and much more! **Pre-registration is required, space is limited**. **Limited to 40 participants**.

Families must have a child 13 years old or younger to participate. One tent per family.

Register online at recreation.seminolecountyfl.gov

Dates: March 7-8 & April 4-5

Location: Geneva Wilderness Area
3485 N. County Road 426
Geneva, FL 32732

Time: 2:00pm Saturday to 9:00am Sunday

Cost: **$15 per person/per event**

Call 407-665-2211 for more information.

The Seminole County Natural Lands Program is your source for these activities:
Eco Birthday Parties at the Ed Yarborough Nature Center • Programs for Civic and Community Groups • Scouting Programs/Hikes • Public and Private School field trips • Eco Programs in your classroom • Private day and night hikes for groups of 15-25 • Geneva Campus Rental for meetings, parties, and events! Call 407-665-2211 for more information.

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Camps & Classes

Pre-Registration is required for ALL CLASSES, HIKES & PROGRAMS
Register online at recreation.seminolecountyfl.gov or at any active park

SPRING BREAK ADVENTURE ECO CAMP

Campers will have fun hiking, setting live traps, fishing, handling the animals in the Nature Center, arts & crafts and many other fun activities! It's an outdoor Adventure and Environmental Education program that is committed to promoting individual growth and environmental awareness.

Register online at recreation.seminolecountyfl.gov or at any active park.

Call 407-665-2211 for more information.

Dates: **March 16-20**
Ages: 7-12
Times: 9:00am to 4:00pm
(extended day available from 7:30am to 5:30pm)
Location: Ed Yarborough Nature Center
3485 N. County Road 426, Geneva 32732
Cost: $132/wk (extended day: additional $15/wk)

Nature Classes :

Pre-Registration is required for ALL CLASSES, HIKES & PROGRAMS
Register online at recreation.seminolecountyfl.gov or at any active park

Date	Class	Time	Location

February 15 **Star Gazing** **6:30pm-10pm** **Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)**
Join Natural Lands, the staff of the Emil Buehler Planetarium at Seminole State College and members of the Central Florida Astronomical Society for an evening exploring the wonders of the night sky. Program includes guided constellation laser tours of the sky and peering through large telescopes of many of the skies best celestial objects. $5/person
$5/person Ages: 9+ Children must be accompanied by an adult

April 4 **Birds & Bagels Hike** **7:30am-9:30am** **Lake Harney Wilderness Area (2395 Osceola Fish Camp Rd, Geneva)**
Join Seminole County Natural Lands Program and Seminole Audubon Society for bagels and bird watching at the Lake Harney Wilderness Area. Participants will hike through the oak hammock and end the hike on the Observation deck to enjoy bagels & juice! Participants should wear closed toed shoes, bug spray and bring water.
$5/person Ages: 7+ Children must be accompanied by an adult

May 2 **Snakes of Central Florida** **9am-12pm** **Ed Yarborough Nature Center (3485 N CR 426, Geneva)**
Join a local snake expert as he gives an introduction to and dispels some of the myths about these often misunderstood, cold blooded residents! You will have the opportunity to meet and hold some of the native snakes that live at our Center. The program will end with a hike on our property.
$5/person Ages: 7+, Children must be accompanied by an adult

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